

**IN CASE OF FIRE.....**

*In case of fire, get the children out of the house first, then call the Fire Department from a neighbor's home.*



**9-1-1**

**WHEN PARENTS RETURN.....**

*Report any unusual happenings to the parents. Make certain you are escorted by an adult. If your employer appears intoxicated, insist that someone else take you home.*

**BECOME 4H CERTIFIED.....**

*Learn more and become a 4H certified babysitter by sponsoring a class in your neighborhood. For more information contact the Maricopa County Extension Program at (602) 470-8086, ext. 320.*

**City of Mesa Police & Fire  
EMERGENCIES Only  
9-1-1**

**BABYSITTING CHECKLIST**

**Where are you babysitting at:**

Address \_\_\_\_\_

Phone \_\_\_\_\_

**Where parents will be:**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

**Close Friend or Relative:**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

**Family Doctor:**

Name \_\_\_\_\_

Phone \_\_\_\_\_

**Hospital:**

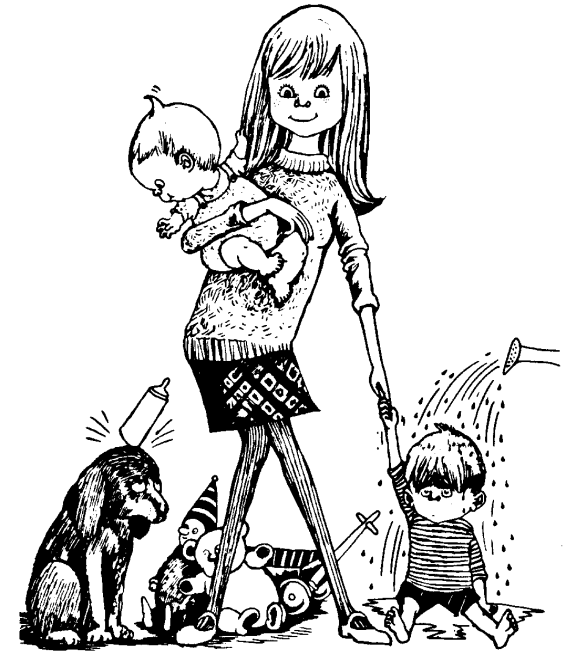
Name \_\_\_\_\_

Phone \_\_\_\_\_

*Other Reports to Police  
(stolen property, lost items, etc.)  
644-2211*

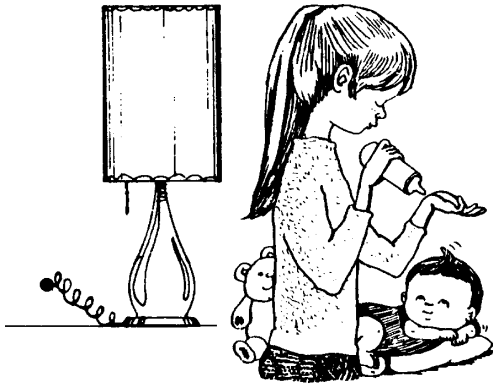
# BABYSITTING

## A GUIDE FOR SITTERS



Mesa Police Department  
[www.mesaaz.gov/police](http://www.mesaaz.gov/police)

## ACCEPTING THE JOB.....



*You're in business for yourself, so be ready to tell your future employer:*

- ✓ Days you are available
- ✓ Pay you expect
- ✓ Hours you are available
- ✓ Experience you've had & provide references if requested.

## KNOW YOUR EMPLOYER.....

*If unfamiliar to you, ask who recommended you and check it out before accepting the job. If in doubt, advise your parents. Do not advertise for babysitting jobs in supermarkets, community bulletin boards, drug stores or laundromats.*



## BE INFORMED.....

*Obtain the parents' name, address and telephone number; number of children you will be sitting and their ages. Escort and transportation to and from the job. Hours you are expected to work.*



## ON THE JOB.....

- ✓ Have them show you all the doors and windows and how to operate any locks or alarms you are unfamiliar with.
- ✓ Find out where first aid supplies, clean clothing, fire extinguishers are located.
- ✓ Obtain any special instructions (children's snacks, bedtime, use of TV and radio).

## WHEN ON YOUR OWN.....

- ✓ Check all the doors and windows after parents leave. Make sure they are closed and locked.
- ✓ Keep a constant watch on children to avoid any accidents.
- ✓ If you hear any suspicious noises, check them out by turning on the outside lights. Do not go outside. If you suspect someone is there, call the police immediately by dialing 9-1-1.
- ✓ If you receive unusual or obscene telephone calls, do not let the caller know you are alone. Hang up and call the police.
- ✓ If someone comes to the door requesting the use of the phone, do not let them in the house. Make the call for them. If they attempt to enter, call the police by dialing 9-1-1.
- ✓ Keep drapes and shades closed and leave the lights on.

